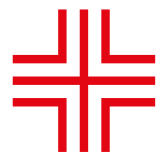


If there comes a time when you're unable to perform your normal role because of serious ill health, your manager will support you through a number of stages.

Stage one – Referral to occupational health service

Your manager may refer you to our occupational health service. They'll look at whether you'll be able to return to your role, or if you require short-term changes to your role. They'll consider factors such as:

- Job content
- Skill and aptitude
- Current status
- Hours of work
- Location and travel arrangements
- Personal commitments and circumstances
- Current pay and future earnings



Stage two – Action following occupational health service advice

- Your manager will consider what action to take based on the occupational health service advice.
- The outcome could be:
 - » Agreeing a date for you to return to work with a short-term or permanent change to your role.
 - » Trying to find you alternative work elsewhere in Royal Mail Group.
- If you're unable to carry out your normal working pattern for the foreseeable future or indefinitely, we may decide that it's best for you to leave the business through ill health.
- If you leave the business through ill-health, you may receive a lump sum equivalent to 34 weeks' basic pay. If you are an active member of the Royal Mail Pension Plan and are unable to work indefinitely, you may receive immediate pension.
- You can appeal the outcome of any decision.



Want to know more?

For full details, ask your manager for a copy of the [Ill health](#) and [Leaving the business due to ill health](#) policies and guides. Both are available in the Policy and information section of PSP.